

300+ POSITIVE AFFIRMATIONS FOR KIDS



All About Me



My name:

My age:

My hobbies:

My favorite color:

My favorite food:

My favorite song:

My favorite game:

My family:

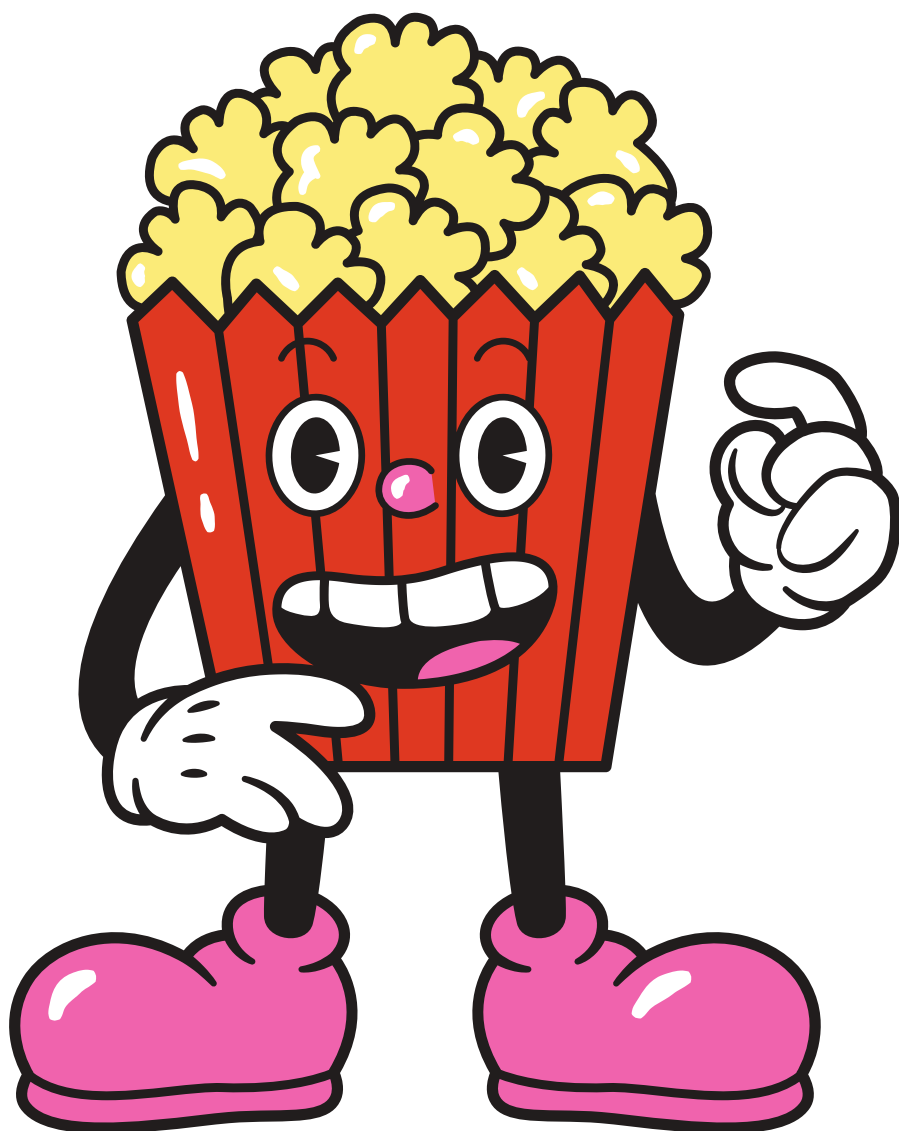
YOU ARE
STRONG



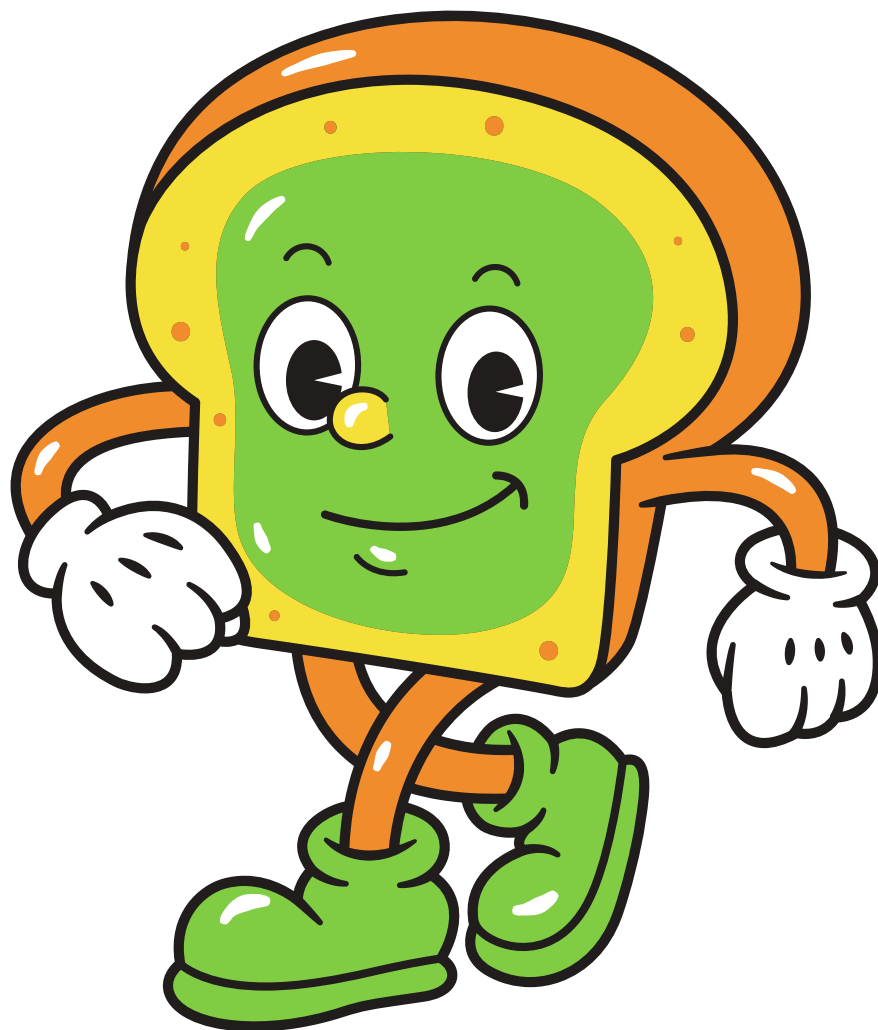
YOU ARE
GRATEFUL



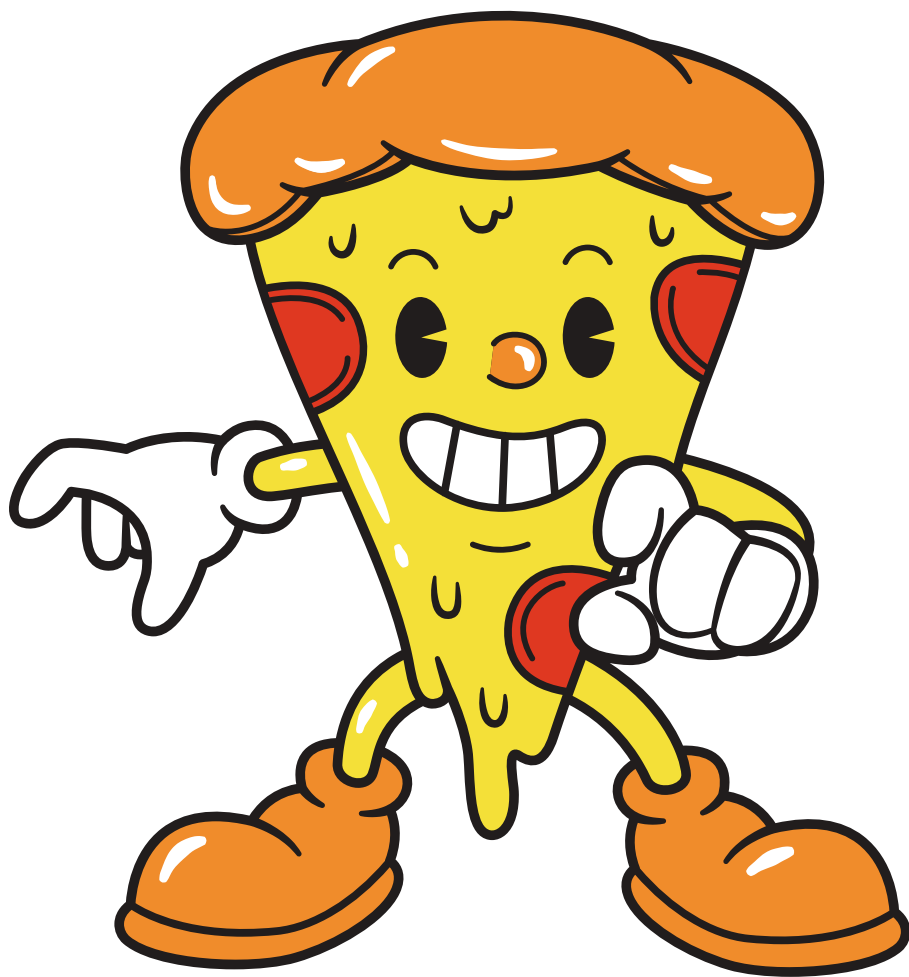
YOU ARE
UNIQUE



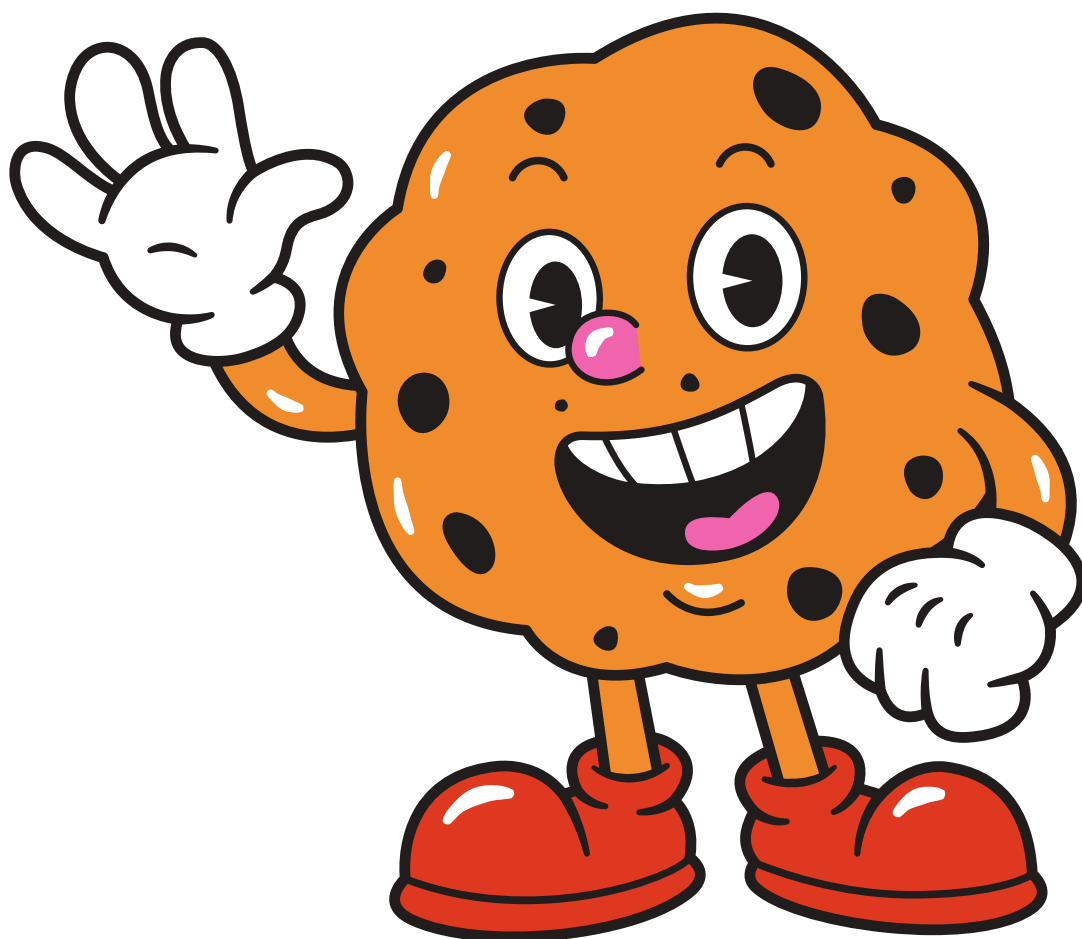
YOU ARE
AMAZING



YOU ARE
AWESOME



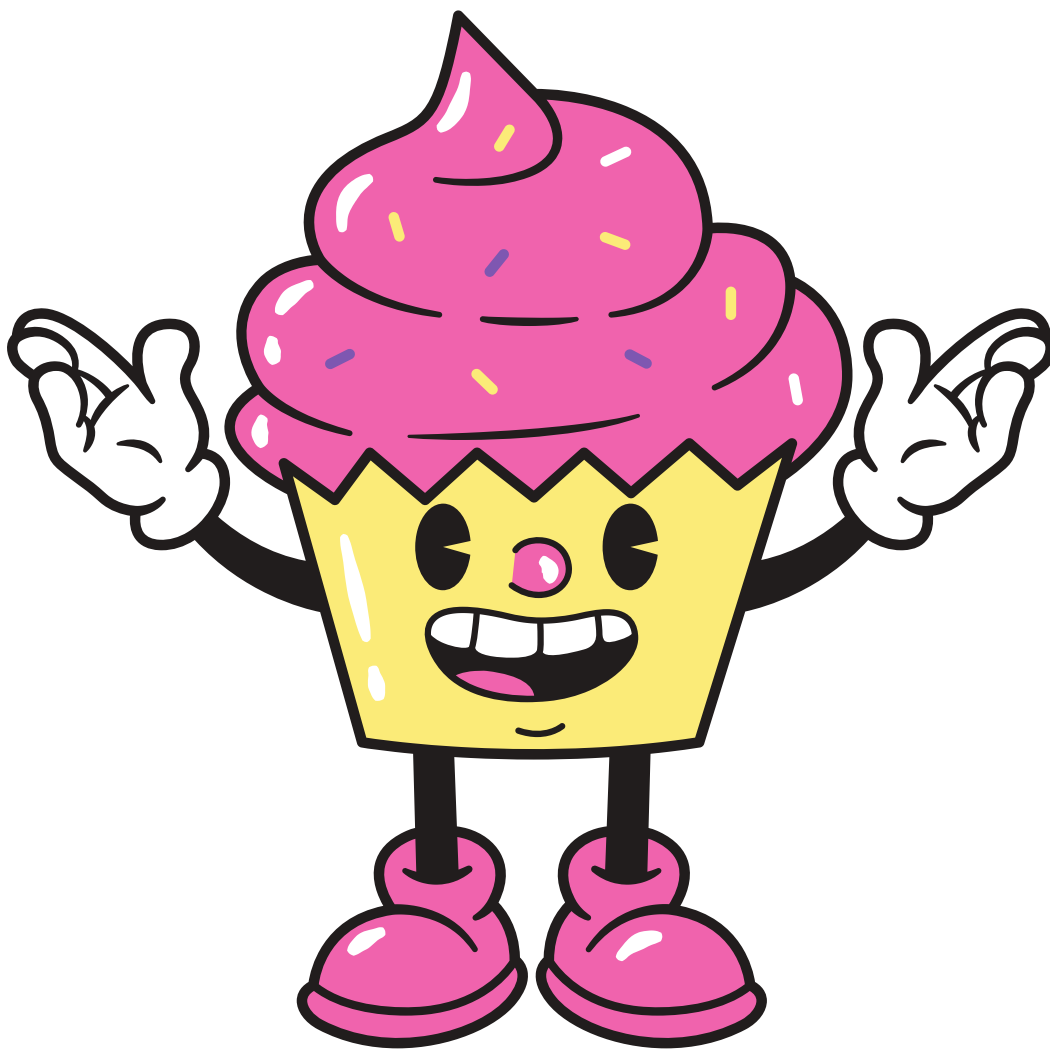
YOU ARE
KIND



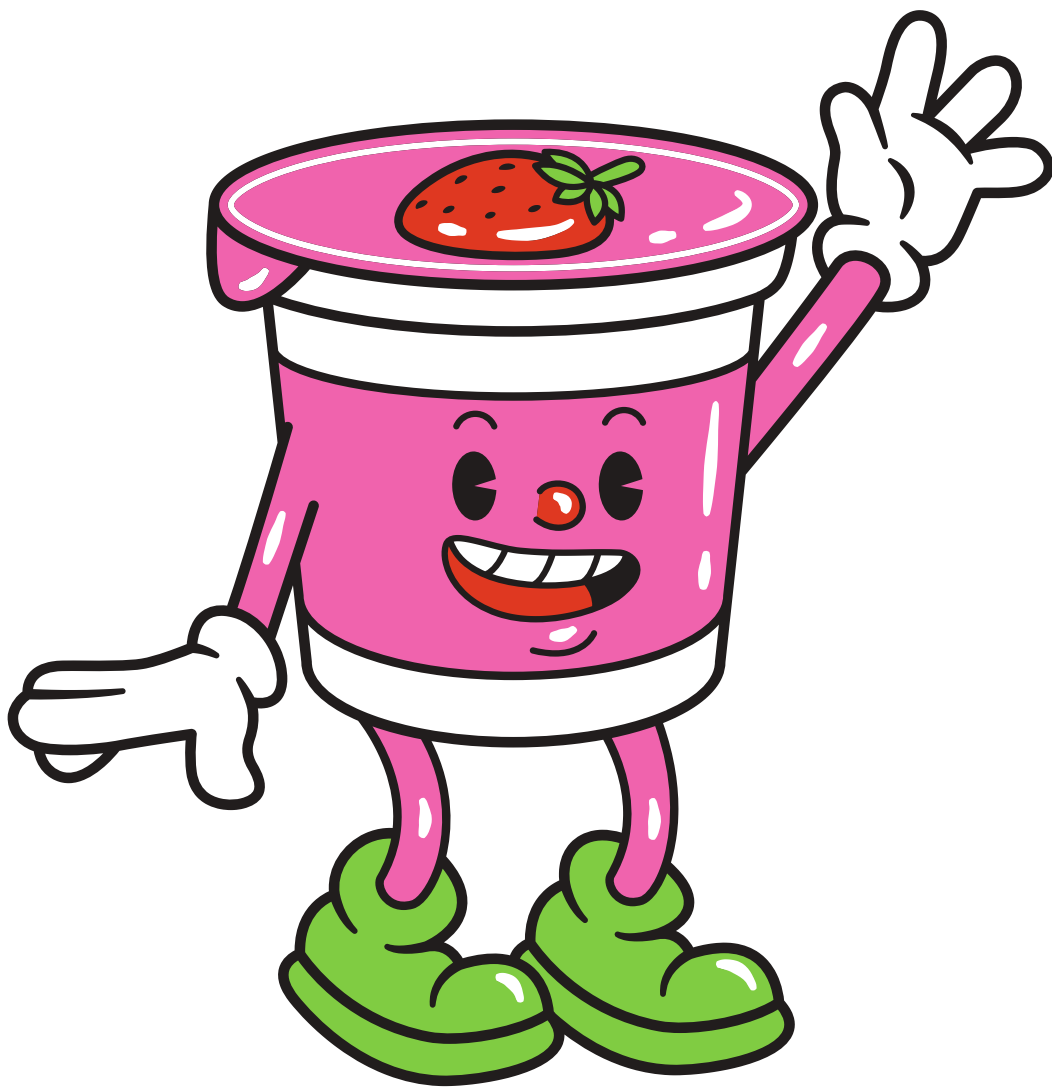
YOU ARE
SMART



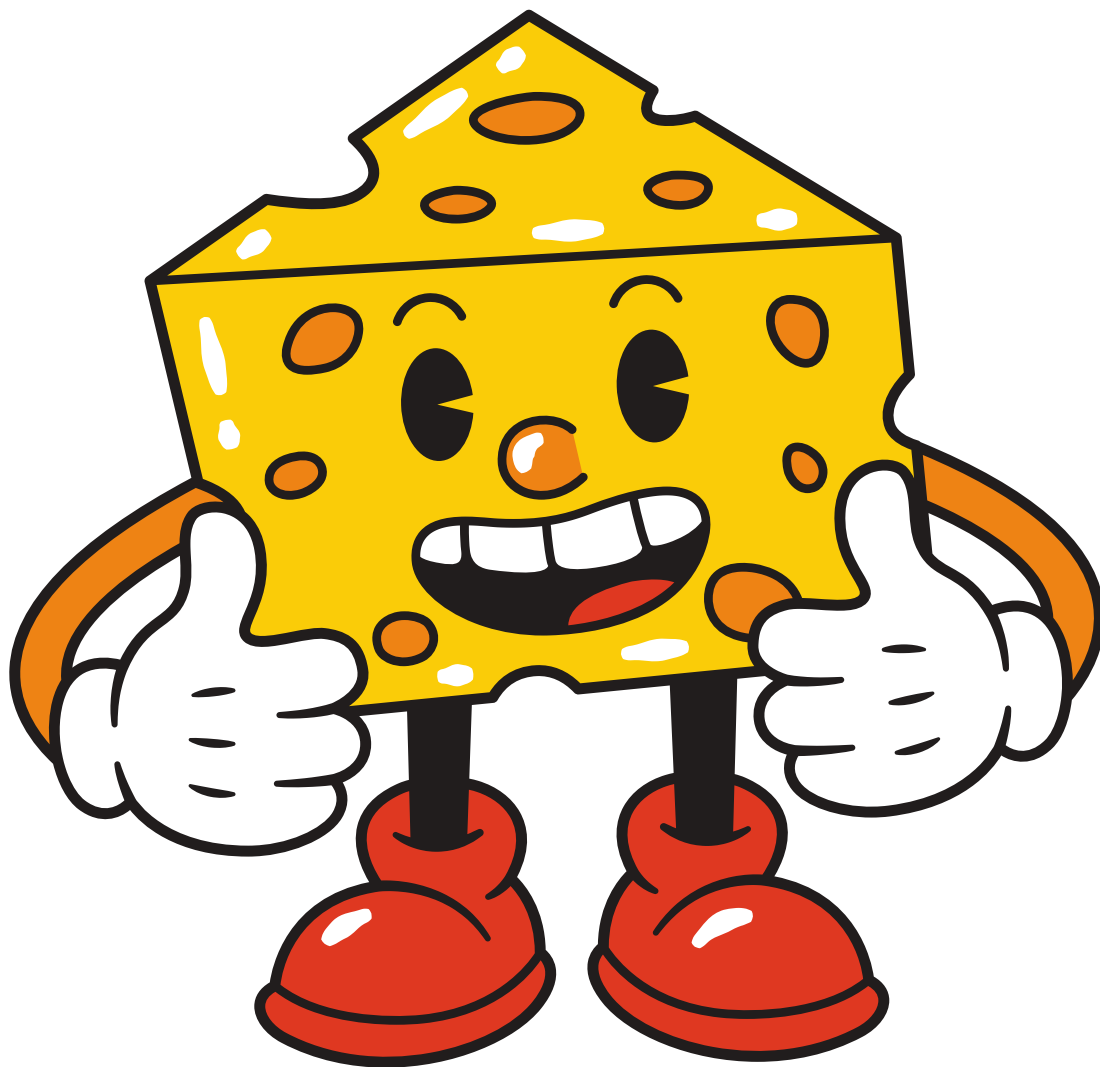
YOU ARE
SPECIAL



YOU ARE
IMPORTANT



YOU ARE
VALUED



A decorative dotted line runs horizontally across the top right, with three flowers (purple, blue, and orange) at its end. A vertical dotted line runs down the right side, with two flowers (green and pink) at its top.

I am kind and caring.

I am unique and special.

I am a great friend.

I believe in myself.

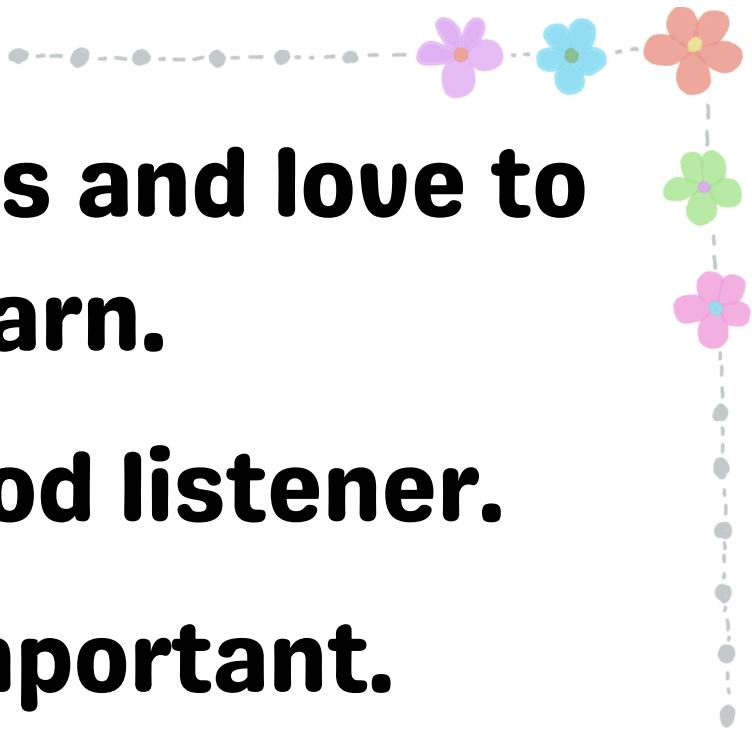
**I can do anything I set my
mind to.**

A decorative dotted line runs vertically down the left side, with three flowers (pink, green, and orange) at its bottom. A horizontal dotted line runs across the bottom left, with three flowers (orange, blue, and purple) at its end.

I am smart and capable.

I am brave and strong.

**I am loved by my family
and friends.**



**I am curious and love to
learn.**

I am a good listener.

I am important.

I am grateful for each day.

I have a big heart.

I am full of creativity.

**I am full of energy and
enthusiasm.**



**I am responsible and
reliable.**

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers (purple, blue, orange, green, pink) interspersed with grey dots.

I am a problem solver.

**I am patient and
understanding.**

I am respectful to others.

I am a positive thinker.

I am proud of who I am.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers (pink, green, orange, blue, purple) interspersed with grey dots.

I am a good helper.

**I am full of joy and
happiness.**

I am full of courage.

A decorative dotted line runs horizontally across the top, ending in a purple flower. A vertical dotted line runs down the right side, starting from the horizontal line and ending in a pink flower. There are also green and orange flowers along these lines.

I am full of love.

I am a good sport.

I am full of imagination.

I am a good team player.

I am a great artist.

**I am confident in my
abilities.**

A decorative dotted line runs vertically down the left side, starting from the top and ending in a pink flower. A horizontal dotted line runs across the bottom, starting from the vertical line and ending in a purple flower. There are also green and orange flowers along these lines.

I am full of determination.

**I am open to new
experiences.**



I am a good problem solver.

I am full of laughter.

**I am important to my
family.**

I am a great storyteller.

I am full of kindness.

**I am always growing and
learning.**

**I am responsible for my
actions.**



I am a good leader.



I am good at sharing.

**I am proud of my
accomplishments.**

I am a good communicator.

I am full of positive energy.

**I am good at making
friends.**

**I am excited about the
future.**



**I am respectful to myself
and others.**

I am full of confidence.



I am a good role model.

I am full of gratitude.

**I am capable of achieving
my dreams.**

I am full of love for myself.

**I am full of courage to try
new things.**

**I am a good listener to
myself and others.**

I am full of happiness.



I am respectful to nature.

A decorative border in the top right corner consisting of a horizontal dashed line with three flowers (purple, blue, and orange) and a vertical dashed line with three flowers (green, pink, and grey).

**I am full of positive
thoughts.**

**I am confident in my
choices.**

**I am full of determination
to overcome challenges.**

**I am a good friend to
myself and others.**

**I am full of love for
animals.**

**I am kind to the
environment.**

A decorative border in the bottom left corner consisting of a vertical dashed line with three flowers (pink, green, and orange) and a horizontal dashed line with three flowers (blue, purple, and grey).

**I am a good helper to my
family.**

A decorative dotted line runs horizontally across the top, with a purple flower, a blue flower, and an orange flower. A vertical dotted line runs down the right side, with a green flower and a pink flower.

**I am full of creativity in
everything I do.**

**I am full of energy to play
and have fun.**

**I am confident in
expressing my feelings.**

**I am a good leader among
my peers.**

I am full of positive vibes.

**I am grateful for my talents
and skills.**

A decorative dotted line runs vertically down the left side, with a pink flower, a green flower, and an orange flower. A horizontal dotted line runs across the bottom, with a blue flower and a purple flower.

**I am full of courage to be
myself.**



**I am responsible for taking
care of myself.**

**I am full of love for all living
things.**

**I am kind to myself and
others.**

**I am full of joy in every
moment.**



**I am excited about learning
new things.**



**I am a good listener to my
heart.**



**I am full of gratitude for
my family.**

**I am confident in my
abilities to learn.**

**I am responsible for my
actions and choices.**

**I am full of positive
thoughts about myself.**

**I am respectful to my
teachers and elders.**



**I am full of courage to face
challenges.**



**I am kind to the Earth and
its creatures.**

**I am full of love for my
friends.**

**I am grateful for the
opportunities in my life.**

**I am confident in making
friends.**



**I am full of determination
to succeed.**

**I am responsible for my
words and actions.**



A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, green, and pink.

**I am a good listener to my
intuition.**

**I am full of positive energy
to share.**

**I am respectful to people
from all walks of life.**

**I am kind to myself and
others.**

**I am full of happiness in
every moment.**

A decorative dotted line runs along the bottom and left edges of the page. It features several small, colorful flowers in shades of pink, green, orange, blue, and purple.

**I am excited about
exploring the world.**

A decorative dotted line runs along the top and right edges of the page, adorned with small, colorful flowers in shades of purple, blue, orange, and green.

**I am grateful for the love of
my family.**

**I am confident in my ability
to try new things.**

**I am responsible for taking
care of my belongings.**

**I am full of positive
thoughts about my future.**

**I am respectful to different
opinions.**

A decorative dotted line runs along the left and bottom edges of the page, adorned with small, colorful flowers in shades of pink, green, orange, and blue.

**I am kind to animals and
treat them with love.**

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

**I am full of courage to
stand up for what is right.**

**I am grateful for the beauty
around me**

**I am confident in my
creative ideas.**

**I am responsible for my
behavior in school.**

**I am a good listener to my
inner wisdom.**

A decorative dotted line runs along the bottom and left edges of the page. It features several small, colorful flowers in shades of pink, green, orange, and blue.

**I am full of positive energy
to share with others**



**I am respectful to different
cultures and beliefs.**



**I am kind to the oceans and
the creatures within.**

**I am full of happiness and
positivity every day.**

**I am excited about
spreading kindness.**



**I am confident in my ability
to persevere.**



**I am responsible for taking
care of my emotions.**



A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

**I am full of positive
thoughts about my future.**

**I am respectful to my
peers, treating them kindly.**

**I am kind to the birds and
animals, respecting their
habitats.**

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, and blue.

**am full of courage to try
new foods and
experiences.**

**am grateful for the
support of my community.**



**I am confident in my ability
to solve puzzles and
challenges.**

**I am responsible for my
actions in the online world.**

**I am full of positive energy
to share with the world.**

**I am respectful to my
teachers, appreciating their
guidance.**



**I am kind to the rivers and
lakes, keeping them clean.**

A decorative dotted line runs horizontally across the top of the page, ending with three flowers: purple, blue, and orange. A vertical dotted line runs down the right side of the page, starting with three flowers: purple, blue, and orange, and continuing with green and pink flowers.

**I am full of happiness and
positivity within.**

**I am excited about making
new friends.**

**I am grateful for the
opportunities to help
others.**

A decorative dotted line runs vertically down the left side of the page, starting with three flowers: pink, green, and orange, and continuing with blue and purple flowers.

**I am confident in my ability
to adapt to change.**

**I am responsible for
showing kindness to
animals.**

A decorative dotted line runs horizontally across the bottom of the page, starting with three flowers: orange, blue, and purple, and continuing with green and pink flowers.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

**I am full of positive
thoughts about my
potential.**

**I am respectful to my
family members, valuing
their love.**

**I am kind to the forests and
trees, protecting nature.**

**I am full of courage to face
the unknown.**

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, blue, and orange.

**I am grateful for the beauty
of the night sky.**



**I am confident in my ability
to express myself.**

**I am responsible for taking
care of my friendships.**

**I am full of positive energy
to inspire and motivate.**

**I am kind to the mountains
and hills, enjoying their
majesty.**



**I am full of happiness and
positivity in my heart.**

A decorative border on the right side of the page, featuring a vertical dashed line with small grey dots. Along this line are several colorful flowers: a purple one at the top, followed by a blue one, an orange one, a green one, and a pink one at the bottom.

**I am excited about
exploring new places.**

**I am grateful for the love of
my siblings.**

**I am confident in my ability
to learn from mistakes.**

**I am responsible for taking
care of my thoughts.**

**I am full of positive
thoughts about my dreams.**

A decorative border on the left side of the page, featuring a vertical dashed line with small grey dots. Along this line are several colorful flowers: a pink one at the top, followed by a green one, an orange one, a blue one, and a purple one at the bottom.

**I am respectful to my
elders, learning from their
wisdom.**

A decorative dotted line runs horizontally across the top of the page, starting with a purple flower, followed by a blue flower, and an orange flower. It then continues vertically down the right side of the page, passing through a green flower and a pink flower.

**I am kind to all creatures,
no matter how small.**

**I am full of courage to
speak up for justice.**

**I am grateful for the
warmth of the sun.**

**I am confident in my ability
to be compassionate.**

A decorative dotted line runs vertically down the left side of the page, starting with a pink flower, followed by a green flower, and an orange flower. It then continues horizontally across the bottom of the page, passing through a blue flower and a purple flower.

**I am responsible for
showing respect to my
environment.**

**I am full of positive energy
to share with my family.**

**I am respectful to the world
around me, valuing its
beauty.**

**I am kind to the lakes and
ponds, preserving their
purity.**

**I am full of happiness and
positivity in my actions.**

**I am excited about learning
new skills.**

**I am grateful for the
wisdom of my
grandparents.**



**I am confident in my ability
to make a positive impact.**

**I am responsible for taking
care of my body.**

**I am full of positive
thoughts about my future.**

**I am respectful to the
dreams and aspirations of
others.**



**I am kind to the deserts and
sand dunes, appreciating
their uniqueness.**



**I am full of courage to try
new things with
enthusiasm.**

**I am grateful for the music
that brings joy to my heart.**

**I am confident in my ability
to forgive and grow.**

**I am responsible for
showing empathy to those
in need.**



**I am full of positive energy
to create a better world.**

A decorative border in the top right corner consisting of a horizontal dashed line with five grey dots, followed by three flowers (purple, blue, and orange) and a vertical dashed line with five grey dots and three more flowers (green, pink, and green).

**I am respectful to the
rivers and streams,
protecting their purity.**

**I am kind to all living
beings, showing
compassion.**

**I am full of happiness and
positivity in my thoughts.**

A decorative border on the left side consisting of a vertical dashed line with five grey dots and three flowers (pink, green, and orange).

**I am excited about making
a positive difference.**

A decorative border in the bottom left corner consisting of three flowers (pink, green, and orange) followed by a horizontal dashed line with five grey dots.

**I am grateful for the
guidance of my parents.**



**I am confident in my ability
to overcome challenges.**

**I am responsible for taking
care of my dreams.**

**I am full of positive
thoughts about my
worthiness.**

**I am respectful to the
diversity of people.**



**I am kind to the wetlands
and marshes, preserving
their ecosystems.**

A decorative dotted line runs along the top and right edges of the page, adorned with small, colorful flowers in shades of purple, blue, orange, and green.

**I am full of courage to
stand up for what I believe
in.**

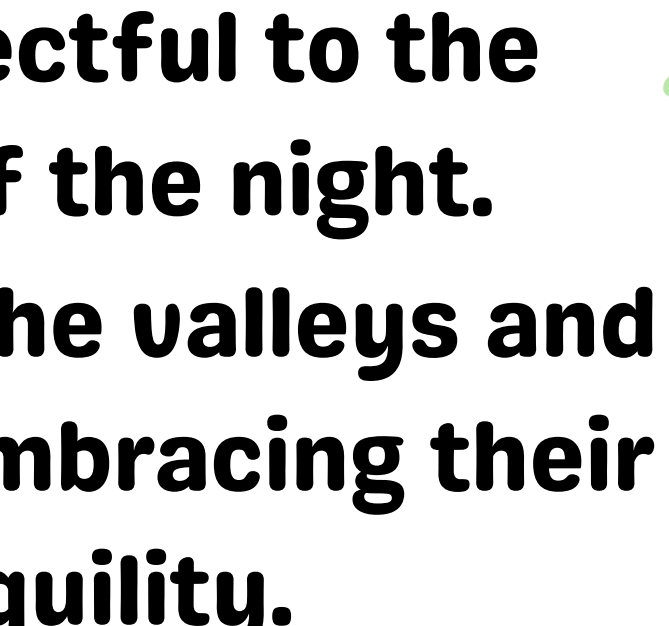
**I am grateful for the beauty
of the changing seasons.**

**I am confident in my ability
to be patient.**

A decorative dotted line runs along the left and bottom edges of the page, adorned with small, colorful flowers in shades of pink, green, blue, and orange.

**I am responsible for
showing kindness to
strangers.**

**I am full of positive energy
to spread happiness.**

A decorative dotted line runs horizontally across the top, with a purple flower, a blue flower, and an orange flower. A vertical dotted line runs down the right side, with a green flower and a pink flower.

**I am respectful to the
beauty of the night.
am kind to the valleys and
meadows, embracing their
tranquility.**


**I am full of happiness and
positivity in my choices.**

**I am excited about the
opportunities to learn.**


**I am grateful for the
laughter of my friends.**

A decorative dotted line runs vertically down the left side, with a pink flower, a green flower, and an orange flower. A horizontal dotted line runs across the bottom, with a blue flower and a purple flower.

**I am confident in my ability
to adapt to new situations.**



**I am responsible for taking
care of my emotions with
love.**



**I am full of positive thoughts
about my potential.**

**I am respectful to the
dreams of my peers.**

**I am kind to the animals in
the oceans, respecting their
habitats.**



**I am full of courage to face
challenges with
determination.**





**I am grateful for the
wonders of the natural
world.**

**I am confident in my ability
to be a good listener.**

**I am responsible for showing
empathy to others'
struggles.**



**I am full of positive energy
to uplift those around me.**

**I am respectful to the
cultures and traditions of
others.**

**I am kind to the creatures
of the rainforest, valuing
their existence.**

**I am full of happiness and
positivity in my words.**

**I am excited about sharing
kindness with the world.**

**I am grateful for the
comfort of my home.**

**am confident in my ability
to overcome obstacles.**

**I am responsible for taking
care of my health and well-
being.**

A decorative dotted line with small grey dots and colorful flowers (purple, blue, orange, green, pink) along the top and right edges.

**I am full of positive thoughts
about my achievements.**

**I am respectful to the dreams
of my family members.**

**I am kind to the animals of
the grasslands, treating them
gently.**

**I am full of courage to
embrace change.**

**I am grateful for the colors of
a rainbow.**

A decorative dotted line with small grey dots and colorful flowers (pink, green, orange, blue, purple) along the bottom and left edges.

**I am confident in my ability to
show gratitude.**



**I am responsible for showing
kindness to all creatures.**

**I am full of positive energy to
inspire and motivate.**

**I am respectful to the beauty
of the starry sky.**

**I am kind to the animals of
the mountains, respecting
their habitats.**

**I am full of happiness and
positivity in my actions.**



**I am excited about making
new discoveries.**

**I am grateful for the support
of my teachers.**

**I am confident in my ability to
create art.**

**I am responsible for taking
care of my thoughts and
feelings.**

**I am full of positive thoughts
about my dreams.**

**I am respectful to the talents
of my classmates.**

**I am kind to the animals of
the polar regions, valuing
their resilience.**




**I am full of happiness and
positivity in my actions**

**I am excited about making
new discoveries.**

**I am grateful for the support
of my teachers.**

**am confident in my ability to
create art.**



**I am responsible for taking
care of my thoughts and
feelings.**



**I am full of positive thoughts
about my dreams.**

A decorative dotted line with small grey dots and colorful flowers (purple, blue, orange, green, pink) along the top and right edges.


**I am respectful to the talents
of my classmates.**

**I am kind to the animals of
the polar regions, valuing
their resilience.**

**I am full of courage to speak
up for kindness.**

**I am grateful for the joy of a
sunny day.**

**I am confident in my ability to
be patient and understanding.**

A decorative dotted line with small grey dots and colorful flowers (pink, green, orange, blue, purple) along the bottom and left edges.

**I am responsible for showing
empathy to all living beings.**

A decorative dotted line with small grey dots and colorful flowers (purple, blue, orange, green, pink) arranged in a curved path along the top right corner.

**I am full of positive energy to
make a difference.**

**I am respectful to the beauty
of the moonlit night.**

**I am kind to the animals of
the savannah, appreciating
their diversity.**

**I am full of happiness and
positivity in my thoughts.**

**I am excited about exploring
the mysteries of life**

A decorative dotted line with small grey dots and colorful flowers (pink, green, orange, blue, purple) arranged in a curved path along the bottom left corner.

**I am grateful for the lessons
of my experiences.**



**I am confident in my ability to
shine brightly.**

**I am responsible for taking
care of my dreams with care.**

**I am full of positive thoughts
about my worth.**

**I am respectful to the goals of
my friends.**

**I am kind to the animals of
the wetlands, protecting their
homes.**



**am full of courage to stand
up for love.**



**I am grateful for the wisdom
of the stars**

**I am confident in my ability to
learn from challenges.**

**I am full of positive energy to
inspire growth.**

**I am respectful to the
wonders of the universe.**

**I am full of happiness and
positivity in my actions.**



**I am excited about making a
positive impact.**



**I am grateful for the simple
joys in life.**

**I am confident in my ability to
learn and grow.**

**I am responsible for taking
care of my body and mind.**

**I am full of positive thoughts
about my uniqueness.**

**I am respectful to the dreams
and aspirations of others.**



**I am kind to the insects and
bugs, treating them gently.**



**I am full of courage to face
each day with a smile.**

**I am confident in my ability to
express my feelings.**

**I am responsible for making
choices that reflect my
values.**

**I am full of positive energy to
share with the world**

**I am respectful to the wisdom
of nature.**



**I am kind to the creatures of
the sky, admiring their grace**

A decorative dotted line with small grey dots and colorful flowers (purple, blue, orange, green, pink) along the top and right edges.

I am full of happiness and positivity in my interactions.

I am excited about exploring my interests.

I am grateful for the laughter and joy around me.

I am confident in my ability to adapt and thrive.

I am responsible for showing kindness to all living beings.

A decorative dotted line with small grey dots and colorful flowers (pink, green, orange, blue, purple) along the left and bottom edges.

I am full of positive thoughts about my dreams.



**I am respectful to the
perspectives of others**

**I am kind to the animals of
the farm, appreciating their
role.**

**I am full of courage to stand
up for what is right.**

**I am confident in my ability to
make a difference.**

**I am responsible for taking
care of my mental well-being.**



**I am grateful for the
opportunities life presents.**

**I am confident in my ability to
embrace challenges.**

**I am responsible for showing
empathy to all beings.**

**I am respectful to the
guidance of my mentors**

**I am kind to the animals of
the mountains, celebrating
their diversity.**

**I am full of courage to explore
new horizons.**



**I am respectful to the
interconnectedness of all
living things.**

**I am full of positive thoughts
that guide me forward.**

**I am responsible for showing
kindness to myself and
others.**



**I am confident in my ability to
create a bright future.**



**I am grateful for the lessons
that challenges bring.**

YOU CAN DO IT

















